

Remember, to get the best protection from your vehicle's airbags and other safety features, you must sit properly and wear your seat belt properly.

### Advice for Pregnant Women



Because protecting the mother is the best way to protect her unborn child, a pregnant woman should always wear a seat belt whenever she drives or rides in a vehicle.

Remember to keep the lap portion of the belt as low as possible across your hips.

Pregnant women should also sit upright and as far back as possible from the steering wheel or dashboard. This will reduce the risk of injuries to both the mother and her unborn child that can be caused by a crash or an inflating airbag.

Each time you have a check-up, ask your doctor if it's okay for you to drive.